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Mission

North Oakland Community Coalition promotes a healthy environment, free of alcohol and substance misuse, through education, collaboration and endless faith in community spirit.

Dear 5th grade parents,

The North Oakland Community Coalition is proud to have been invited into your child's 5th grade classroom to present the Life Skills Training program. The Life Skills program is a research-validated, substance abuse prevention program that targets some very specific skill sets. It has been shown that children who are well equipped with skills in decision making, stress management and self-esteem are better prepared for healthy choices regarding alcohol, drugs, nicotine, and violence later in their adolescent and teen years.

We are confident that your child will benefit by attaining and applying skills in the following topics:

- Self-Esteem
- Decision making
- Smoking Information
- Advertising
- Dealing with Stress
- Communication Skills
- Social Skills
- Assertiveness

If you should choose that your child not participate in our program, please contact your teacher.

Thank you for the opportunity to speak with your children on these important topics!

Sincerely,

Tonya Hamilton

Jeannie Yates

Dania Blain

Federal, State, and/or County funding has been provided through the Oakland County Community Mental Health Authority—Substance Use Disorder Services to support the project costs.